



Free for
members of any
Lincolnshire
based branch

Imposter Syndrome

Wednesday 18th February 2026

12:30pm - 1:30pm

Online via Teams

Many people find that Imposter Syndrome to be a crippling factor when it comes to progressing at work or other areas. Some don't realise it could be that that's holding them back from what or where they really want to be.

In this session we will explore what Imposter Syndrome is, how we can learn to spot it and, most importantly, how we can tackle it and build confidence.



Apply

For help with your booking -
unisonlearninglincs@gmail.com

