

ADHD Awareness

Wednesday 14th May 2025
4pm - 6.30pm

Free to all members of a Derby & Derbyshire based branch

About

This course will help you to:

- Understand how ADHD may present in others
- Identify some of the main barriers and impacts of ADHD
- Provide a better understanding of ADHD assessments
- Identify strategies and practical ways of supporting people with ADHD
- Feel more confident in supporting positive interactions and relationships

Offered on Zoom

By Jez Brigham

Apply Online Here



<https://eastmidlands.unison.org.uk/unison-derbyshire-learning/>

[For support with your booking contact: unisonderbyshirelearning@gmail.com](mailto:unisonderbyshirelearning@gmail.com)

