



UNISON
Northants
Learning

Awareness Course: Dealing with Aggressive Behaviour in **Adults**

Tuesday 7th January 2025

10am - 12.30pm

Online via Teams

- **Responding to anger and aggression**
- **Plan to manage angry and aggressive people**
- **Conflict escalation**
- **Strategies to diffuse and calm aggressive people**
- **Body language - yours and theirs**
- **Positive defensive standing (keeping safe)**

Open to all members of

UNISON Northamptonshire based branches

(Limited Numbers so get in quick)

For help with your booking please e-mail:

unisonnorthantslearning@gmail.com

