

# ADHD

# Awareness

A general course looking at ADHD in adults

**11 December 2024**

**1.30pm - 4.00pm via Zoom**

This course will be of benefit to members who come into contact with adults who may have Attention Deficit Hyperactivity Disorder (ADHD)

The course will:

- Identify some of the main barriers and impacts of ADHD
- Provide a better understanding of ADHD assessment
- Identify strategies and practical ways of adapting your practice when working with people with ADHD
- Help you feel more confident in supporting positive interactions and relationships
- Enable you to feel more confident working with people with ADHD



**To apply please visit:**  
**<https://eastmidlands.unison.org.uk/members/>**