

Creative Writing To Improve Wellbeing

Facilitator
Sandra Pollock
OBE



This is going to be fun filled one hour session for everyone that will pique your interest in creative writing. Whether you're a beginner who always wanted to write, or more experienced, you will find this session interesting and encouraging.

The session will be run by Sandra Pollock, Author and Co-founder of SanRoo Publishing, a local independent publishing company which she runs with her daughter.

Sandra is also involved in the local arts community and runs a number of writing programmes throughout the year to encourage people to start writing.

More information is available online
<https://www.sandrapollock.com/>

Wednesday 15th May
2024

12pm - 1.30pm

Leicester College, Freeman's Park
Campus., 145 Welford Road,
Leicester LE2 7LW

1.5 hour followed by a light lunch
18 spaces available
Open to all members of
any Leicestershire & Rutland based
branches

For help with your booking please e-mail us at:
unisonlandrlearning@gmail.com

