



UNISON LEARNING

what's available?

Open to all UNISON members across the UK

NATIONALLY ORGANISED



The Skills Academy

UNISON College **UNISON East Midlands**

1000+ online Courses with The Staff Skills Academy free to UNISON members

Handling Conflict, ADHD Awareness, Building Self-Esteem, Managing Classroom Behaviour, Mental Health First-Aid, Anger Management, Basic Maths, Food Safety, Diabetes Awareness, Self-Harm Awareness, Public Speaking, Conflict in the Workplace, Speech Therapist, Budgeting, C++, Data Analysis, Events Management, Managing People, Understanding PAYE, Bipolar Awareness, Medical Secretary Certification, Sign Language, Creating A Marketing Plan, Mindfulness For Children, Meal Planning, Digital Art For Photoshop, COSHH Awareness, Myers-Briggs Theory And Certification, Proofreading Basics, Child Psychology Level 3, Garden Design, Fraud Detection, Sepsis Awareness, Presentation Skills, Child Protection, Hazard Identification, Dog Grooming, English Grammar, Buying & Selling Online.....

all courses are CPD and ROSPA accredited

for details visit:
<https://learning.unison.org.uk/skills-academy/>




Online Courses



GAMBLING AND GAMING RELATED HARM IN YOUNG PEOPLE

Free online workshop for UNISON members that support young people

3 online workshops (150 minutes) delivered by the Young Gamblers and Gamers Education Trust

choice of sessions:
12 Nov - 3.30pm
28 Nov - 10am
8 December - 10am

For full details and to apply - learning.unison.org.uk/training-with-ygam/






Learning Grants

Open University & general learning grants

DID YOU KNOW UNISON OFFERED LEARNING GRANTS TO MEMBERS?

In 2022 £10,000 was awarded to members across the East Midlands to support their learning journey

To find out more visit:
learning.unison.org.uk/financial-support





<https://learning.unison.org.uk/skills-academy/>

<https://learning.unison.org.uk/events/>

<https://learning.unison.org.uk/financial-support>

Member Learning Programme January - August 2024



Personal Safety 30 January 10am - 12.30pm Focusing on conflict outside the normal workplace	EXCEL BEGINNERS 1 & 2 FEBRUARY 10AM - 1PM (MS TEAMS) This course is aimed at members new to Excel You will need basic computer knowledge including using a mouse and how to save files	Managing Challenging Behaviour in Schools 13 February 10am - 12.30pm Via Zoom Understand how to prevent and manage challenging behaviour
Building Confidence and Self-Esteem 19 & 26 February 1.30pm - 4.30pm via Zoom	Deaf Awareness & Intro to British Sign Language 4 March 9.30am - 12.30pm	EXCEL IMPROVERS 27 & 28 MARCH 10AM - 1PM (MS TEAMS) This course is aimed at members with some experience of Excel
AWARENESS OF LOSS AND BEREAVEMENT IN CHILDREN AND YOUNG PEOPLE 4 April 10.15am - 12.45pm Via Zoom	PREVENTION AND MANAGEMENT OF VIOLENCE AND AGGRESSION Focusing on challenging behaviour in the workplace 15 April 10am - 12.30pm via Zoom	Wellness Workshop 15 & 22 April 10am - 3pm via Zoom healthy habits to improve your daily life
NEURODIVERSITY UNDERSTOOD 24 April 9.30am - 1pm Via MS Teams	EXCEL BEGINNERS 7 & 8 MAY 10AM - 1PM (MS TEAMS) This course is aimed at members new to Excel You will need basic computer knowledge including using a mouse and saving files	LOSS AND BEREAVEMENT AWARENESS Delivered by Cruse Bereavement Care 7 MAY 10.15AM - 12.45PM VIA ZOOM

For details of each course visit:
<https://eastmidlands.unison.org.uk/members>



EAST MIDLANDS

Regional programme open to all E Mids members

Member Learning Programme January - August 2024



13 & 20 May 1.30pm - 4.30pm via Zoom Assertiveness Feel confident to communicate your thoughts and feelings in positive way	ADHD AWARENESS For School Staff 30 May 10am - 12.30pm Via Zoom Aimed at school staff, this session will explore ADHD and how we can support pupils	ADHD Awareness 30 May 1.30pm - 4.00pm via Zoom
Dementia Awareness 3 JUNE 9.30AM - 12.30PM For members who work in a role where they may come into contact with individuals living with Dementia	BUILDING A WEBSITE USING WORDPRESS For members who want to build a website but don't know where to start 3 & 4 JUNE 10AM - 1PM (MS TEAMS)	AN INTRODUCTION TO COUNSELLING SKILLS 10 & 17 June 1.30pm - 4.30pm Via Zoom
EXCEL IMPROVERS 25 & 26 JUNE 10AM - 1PM (MS TEAMS) This course is aimed at members with some experience of Excel	NEURODIVERSITY FOR MANAGERS 27 JUNE 9.30AM - 1.00PM VIA MS TEAMS	Living Well With Anxiety 8 & 15 July 1.30pm - 4.30pm
EXCEL ADVANCED 11 & 12 JULY 10AM - 1PM (MS TEAMS) This course is aimed at members with a great deal of experience of Excel	Positive Behaviour Support in Schools 1 August 10am - 12.30pm Via Zoom Identify how positive behaviour support works and how to deal with these challenges	OPEN UNIVERSITY & GENERAL LEARNING GRANTS DID YOU KNOW UNISON OFFERED LEARNING GRANTS TO MEMBERS? visit our website below to find out more

For details of each course visit:
<https://eastmidlands.unison.org.uk/members>



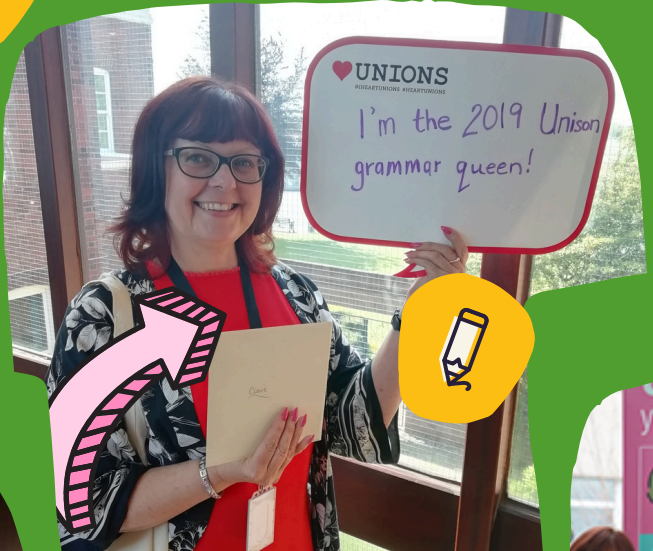
<https://eastmidlands.unison.org.uk/members/>

THE BRANCH

Examples of what a branch can organise through their ULRs



Lunchtime Grammar Workshops



Distance Learning



Book Swaps



Lunchtime crafting



Stalls

Menopause talk

Author talks

A ULR is a UNISON member that loves learning and helping people.

1

PROMOTE LEARNING

Make sure members know what's available

2

SUPPORT PEOPLE

Provide help to members to overcome barriers

3

IDENTIFY NEEDS

Find out what members want to learn

4

ORGANISE LEARNING

Help set up courses

Paid time-off



COUNTY LEARNING FORUMS

what are they?

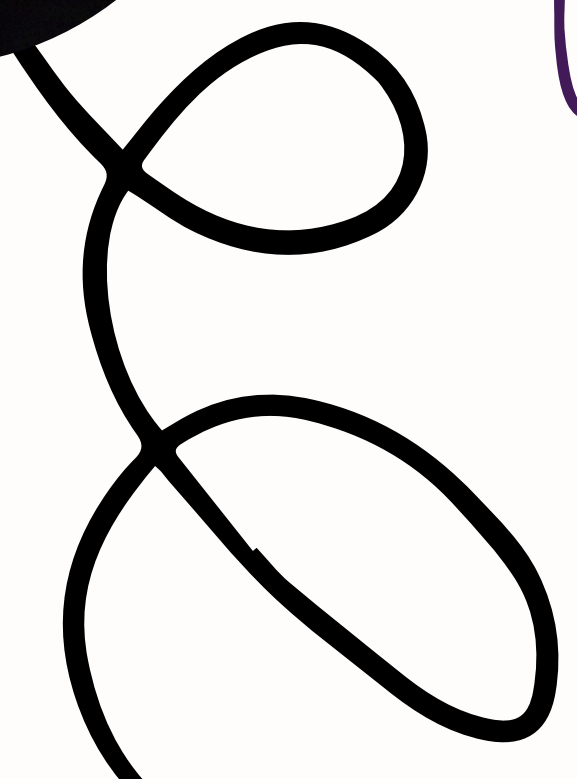


UNISON
Northants
Learning





ULRS FROM ALL
BRANCHES WITHIN
THE COUNTY MEETING
AND SUPPORTING
ONE ANOTHER





FREE COURSES FOR UNISON MEMBERS



For members.

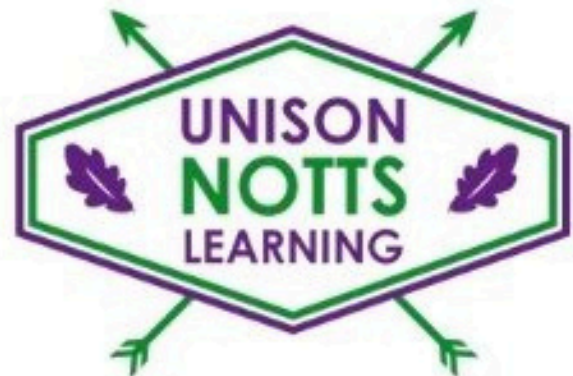


Organised by members.

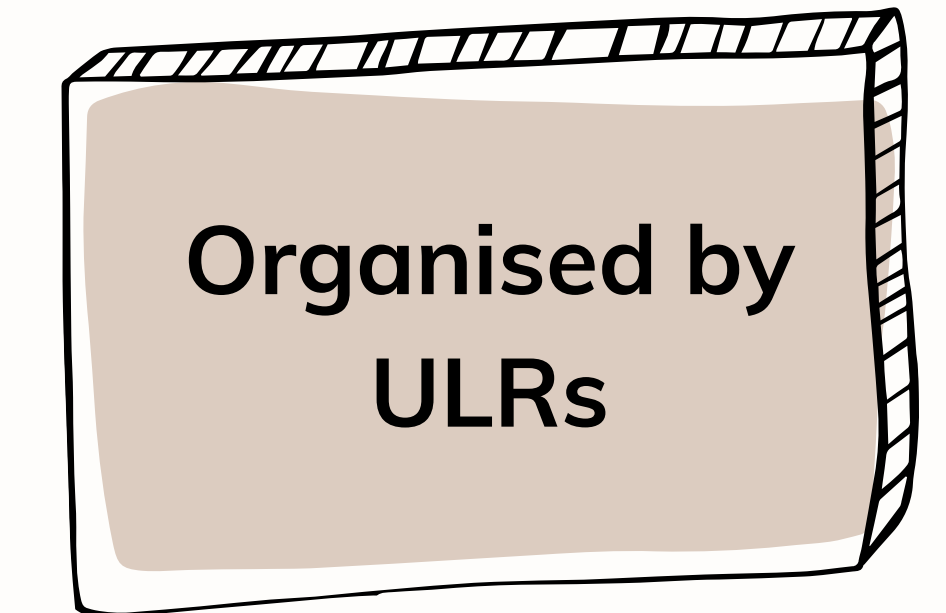
UNISON Learning
Leicestershire & Rutland

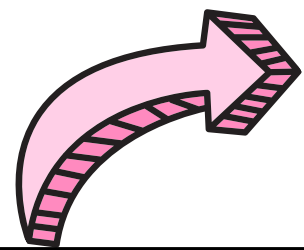


All courses organised by UNISON Learning Reps



<https://eastmidlands.unison.org.uk/county-forums/>





SOME OF OUR EAST MIDLANDS ULRS IN ACTION

If you love learning, why not become a ULR so you can organise more?

[HTTPS://EASTMIDLANDS.UNISON.ORG.UK/LEARNING-REPS/](https://eastmidlands.unison.org.uk/learning-reps/)



UNISON EAST MIDLANDS LEARNING SURVEY 2023

I didn't know anything about this. I think if people knew it would encourage more people to join UNISON. I've been paying for years and not really used it

If it wasn't for UNISON I wouldn't have gained a functional skill in English, as well as looking to improve in Mathematics too.

It shows that UNISON are looking after members' wellbeing and investing in their development as well as protecting and campaigning for our rights.

I have previously studied a course via UNISON and this ultimately led to me achieving a BA Hons Degree in Management Practice

Being a single mum, only working part time, the courses that are offered are very beneficial as I probably wouldn't be able to afford to do any training without them.

I have been supported to develop through the learning offered here and wouldn't be in the position I am now without it

Because it's nice to know that the union cares