





Free course for UNISON East Midlands members

## Loss and Bereavement in Children and Young People

4 April 2024 10.15 - 12.45 Via Zoom

This workshop is for UNISON members who work with children and young people who want to build greater awareness of the impact of bereavement and grief.

Approximately 111 children lose a parent every day 1 in 29 5-16 year old has been bereaved of a parent or sibling.

This course will support members respond to bereaved children and young people, as well as learn about use of appropriate language and deal with anger and distress.

By the end of this 2½ hour workshop, the participants will:

- Have a greater understanding of grief
- Have been introduced to some modern models which help explain how people react to grief and loss
- Be able identify common grief responses
- Be able to assess an individual's needs and start to provide effective support
- Be aware of complicated grief



To apply, please visit: https://eastmidlands.unison.org.uk/members/