

FREE COURSE FOR UNISON EAST MIDLANDS  
MEMBERS

# *Loss and Bereavement*

7 May 2024

10.15 - 12.45 via Zoom

Delivered by Cruse Bereavement Care, the session will:

- Reflect on the grieving process and gain an understanding of the impact of grief and bereavement
- Become aware of the impact of loss and bereavement on families
- Consider skills relevant to their role to help them improve how they communicate with bereaved people
- Develop an awareness of support organisations, and how to seek further support or advise others to, including an understanding of the boundaries of their roles.



To apply please visit:  
<https://eastmidlands.unison.org.uk/members/>