

# ADHD

# Awareness

A general course looking at ADHD in adults

**30 May**

**1.30am - 4.00pm via Zoom**

This course will be of benefit to members who come into contact with adults who may have Attention Deficit Hyperactivity Disorder (ADHD). The course will provide a good understanding of what ADHD is and will:

- Identify some of the main barriers and impacts of ADHD
- Provide a better understanding of ADHD assessment, diagnosis and possible treatments
- Identify strategies and practical ways of adapting your practice when working with people with ADHD
- Offer a range of strategies for working with people who have ADHD and feel more confident in supporting positive interactions and relationships
- Enable you to feel more confident working with people with ADHD



**To apply please visit:**

**<https://eastmidlands.unison.org.uk/members/>**