

# Member Learning Programme January - August 2024



## Personal Safety



30 January  
10am - 12.30pm

Focusing on conflict outside the normal workplace

## EXCEL BEGINNERS



1 & 2 FEBRUARY  
10AM - 1PM (MS TEAMS)

This course is aimed at members new to Excel

You will need basic computer knowledge including using a mouse and how to save files

## Managing Challenging Behaviour in Schools



13 February  
10am - 12.30pm Via Zoom

Understand how to prevent and manage challenging behaviour

## Building Confidence and Self-Esteem

19 & 26 February  
1.30pm - 4.30pm via Zoom

## Deaf Awareness & Intro to British Sign Language

4 March  
9.30am - 12.30pm



## EXCEL IMPROVERS



27 & 28 MARCH  
10AM - 1PM (MS TEAMS)

This course is aimed at members with some experience of Excel



## AWARENESS OF LOSS AND BEREAVEMENT IN CHILDREN AND YOUNG PEOPLE

4 April 10.15am - 12.45pm  
Via Zoom

## PREVENTION AND MANAGEMENT OF VIOLENCE AND AGGRESSION



Focusing on challenging behaviour in the workplace

15 April  
10am - 12.30pm via Zoom

## Wellness Workshop

15 & 22 April  
10am - 3pm via Zoom

healthy habits to improve your daily life

Adjust

## NEURODIVERSITY UNDERSTOOD

24 April 9.30am - 1pm  
Via MS Teams

## EXCEL BEGINNERS



7 & 8 MAY  
10AM - 1PM (MS TEAMS)

This course is aimed at members new to Excel

You will need basic computer knowledge including using a mouse and saving files

## LOSS AND BEREAVEMENT AWARENESS

Delivered by Cruse Bereavement Care

7 MAY  
10.15AM - 12.45PM  
VIA ZOOM



For details of each course visit:

<https://eastmidlands.unison.org.uk/members>



# Member Learning Programme January - August 2024



13 & 20 May  
1.30pm - 4.30pm  
via Zoom



## Assertiveness

Feel confident to communicate your thoughts and feelings in positive way



## ADHD AWARENESS For School Staff

30 May  
10am - 12.30pm Via Zoom

Aimed at school staff, this session will explore ADHD and how we can support pupils



## ADHD Awareness

30 May  
1.30pm - 4.00pm via Zoom



## Dementia Awareness

3 JUNE  
9.30AM - 12.30PM

For members who work in a role where they may come into contact with individuals living with Dementia

## BUILDING A WEBSITE USING WORDPRESS



For members who want to build a website but don't know where to start

3 & 4 JUNE  
10AM - 1PM (MS TEAMS)

## AN INTRODUCTION TO COUNSELLING SKILLS



10 & 17 June  
1.30pm - 4.30pm  
Via Zoom

## EXCEL IMPROVERS



25 & 26 JUNE  
10AM - 1PM (MS TEAMS)

This course is aimed at members with some experience of Excel

## NEURODIVERSITY FOR MANAGERS

Adjust



27 JUNE  
9.30AM - 1.00PM  
VIA MS TEAMS

## Living Well With Anxiety

8 & 15 July  
1.30pm - 4.30pm



## EXCEL ADVANCED



11 & 12 JULY  
10AM - 1PM (MS TEAMS)

This course is aimed at members with a great deal of experience of Excel

## Positive Behaviour Support in Schools



1 August  
10am - 12.30pm Via Zoom

Identify how positive behaviour support works and how to deal with these challenges

OPEN UNIVERSITY & GENERAL LEARNING GRANTS

## DID YOU KNOW UNISON OFFERED LEARNING GRANTS TO MEMBERS?

visit our website below to find out more



For details of each course visit:

<https://eastmidlands.unison.org.uk/members>

