

Deaf Awareness and Intro to British Sign Language

3 July 9:30am - 12:30pm.
Via Zoom

This introductory session will help you support deaf and hard of hearing people by:

- exploring effective ways of communicating
- providing an awareness of needs. And
- looking at some basic sign language



Loss and Bereavement

5 July 2023

2.15pm - 4.45pm via Zoom

Delivered by Cruse Bereavement Care

Free course for UNISON members who may need to support colleagues and service users who are coping with bereavement

Caring for Adults

SUITABLE FOR THOSE WORKING IN ENVIRONMENTS GIVING CARE TO ADULTS AND ELDERLY

- Define what the key skills of good communication are
- Discuss the key interpersonal skills that contribute to effective communication
- Determine the key factors in good end of life/palliative care

JMG TRAINING	20 JULY 2023 9:30AM - 1PM	MS TEAMS
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EXCEL BEGINNERS



18 & 19 July
10am - 1pm via MS Teams



- creating a worksheet
- creating tables using borders and colour
- using filters & AutoSum

TEAM MEMBER TO TEAM LEADER

The Aspiring Manager

For members who are looking to become a team leader or just starting in a similar role

5, 12 & 19 September
9.30am - 12pm via Teams

Mindfulness



11 & 18 September
1.30pm - 4.30pm
via Zoom

- Understanding what Mindfulness is
- How to use Mindfulness techniques in everyday life
- How Mindfulness can help you live a more balanced life

EXCEL BEGINNERS



12 & 13 September
10am - 1pm via MS Teams



- creating a worksheet
- creating tables using borders and colour
- using filters & AutoSum

ADHD AWARENESS

For UNISON members who work with young people with Attention Deficit Hyperactivity Disorder and would like to increase their understanding

14 September 2023
10am - 12.30pm Via Zoom



UNISON East Midlands

Member Learning Programme

Summer/Autumn 2023



EXCEL IMPROVERS

3 & 4 OCTOBER
(10.00AM – 1.00PM)
VIA MS TEAMS

For existing Excel users who want to learn more advanced features e.g. Conditional Formatting, IF statements and complex formulas



Deaf Awareness and Intro to British Sign Language

4 October 9:30am - 12:30 pm. Via Zoom

This introductory session will help you support deaf and hard of hearing people by:

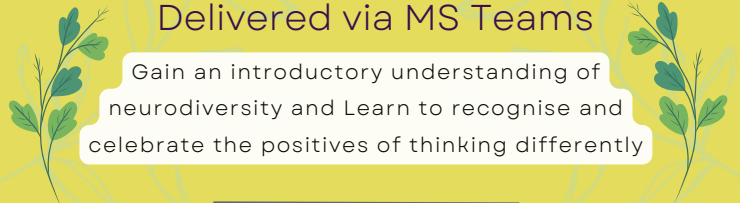
- exploring effective ways of communicating
- providing an awareness of needs. And
- looking at some basic sign language



Neurodiversity Understood

19 October 9.30am - 1pm
Delivered via MS Teams

Gain an introductory understanding of neurodiversity and Learn to recognise and celebrate the positives of thinking differently



Living with and Managing Anxiety

13 & 20 November
1:30pm - 4:30pm
Via Zoom



Positive Behaviour Support

For School Support Staff



De-escalation strategies for challenging behaviour
7 November 2023. 10am-12.30pm via Zoom

EXCEL IMPROVERS

14 & 15 NOVEMBER
(10.00AM – 1.00PM)
VIA MS TEAMS

For existing Excel users who want to learn more advanced features e.g. Conditional Formatting, IF statements and complex formulas



Autism Awareness

21 November
9.30 - 12.30 Via Zoom

Delivered by Autism East Midlands

Understand how autism presents and how to support people with autism



Excel Dashboard

11 & 12 DECEMBER
10AM - 1PM VIA MS TEAMS



Free courses for members. For further details visit:
<https://eastmidlands.unison.org.uk/members/>

OR SCAN

