



OPEN AIR YOGA – HYPNO TRANCE

Wednesday 24th May 2023 18.00 hrs – 19.30 hrs
Wednesday 7th June 2023 18.00hrs -19.30 hrs

As a public service union many of our members work in stressful professions. Join us for some relaxation in the lovely surroundings of Delapre Abbey & park Northampton NN4 8AW, with Kate Curtin

There are 25 spaces

To apply please follow the link below

<https://forms.gle/bFMphZYt1yJKUNDYA>

Course Fees: **Free to UNISON Members of any Northants Branch**

For further information contact Sue Jugon (Unison Learning Representative) on 07508 237063 or email unisonnorthantslearning@gmail.com

