

# Pottery Painting

8th March 2023

This course is free to all UNISON Northamptonshire Members

Paint on ceramic and produce a piece to cherish or give away

## Sign up

Follow the link below to book via UNISON East Midlands website

## Course

Wednesday 8th March  
6pm to 8:30pm

## About

It has been proven that crafting is good for our mental health. Using our hands in a productive way triggers activity in 60% of our brain. Relax while painting on ceramic with a free drink & cake/snacks.

Course offered by Pot En Ciel in Wellingborough

Course delivered in person - The Emporium



Apply Online Here



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East Midlands

<https://eastmidlands.unison.org.uk/northantslearning/>

For support with your booking contact: [unisonnorthantslearning@gmail.com](mailto:unisonnorthantslearning@gmail.com)