

THE UNISON ULR

what do they do?

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A ULR is a UNISON member that loves learning and helping people.

1

PROMOTE LEARNING

Make sure members know what's available

2

SUPPORT PEOPLE

Provide help to members to overcome barriers

3

IDENTIFY NEEDS

Find out what members want to learn

4

ORGANISE LEARNING

Help set up courses

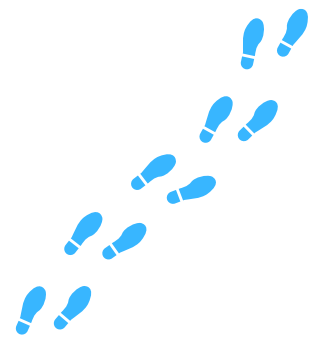
I. Promote Learning



stall



Intranet



walk-round

water-cooler



noticeboards



newsletter



email



over a cuppa



word of mouth



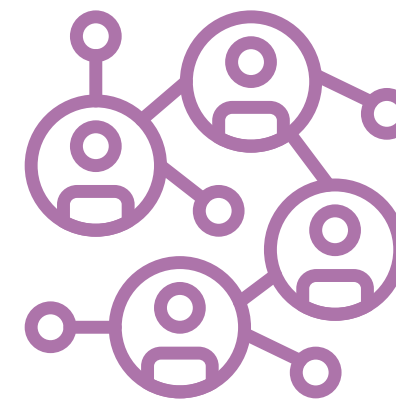
UNISON



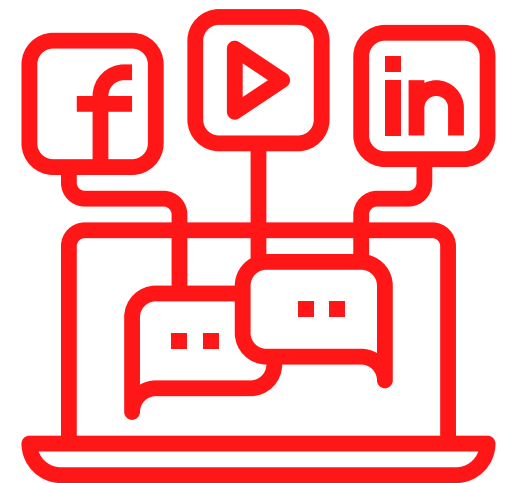
at events



manager/HR



networks



social media

2. Support people/overcome barriers



time



computer skills
& access



confidence/anxiety



advice



bad experience



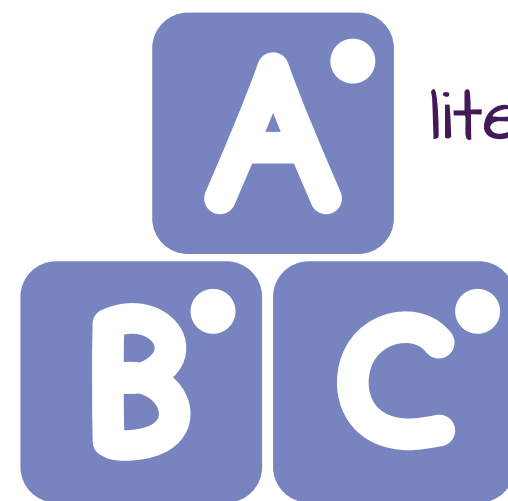
family



caring role



disabilities



literacy



what's available?



cost

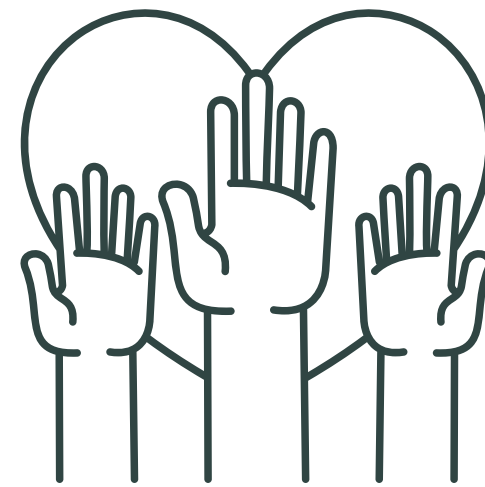


negativity/lack of
support

3. Identify needs



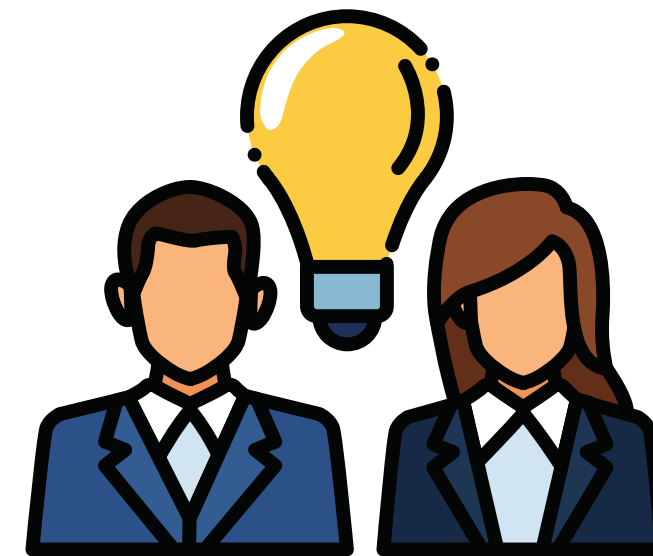
surveys



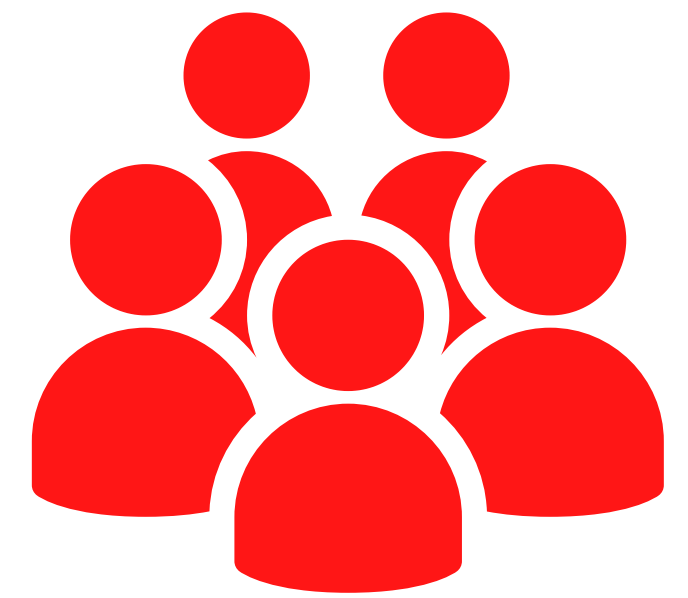
ideas of your peers



chats



managers

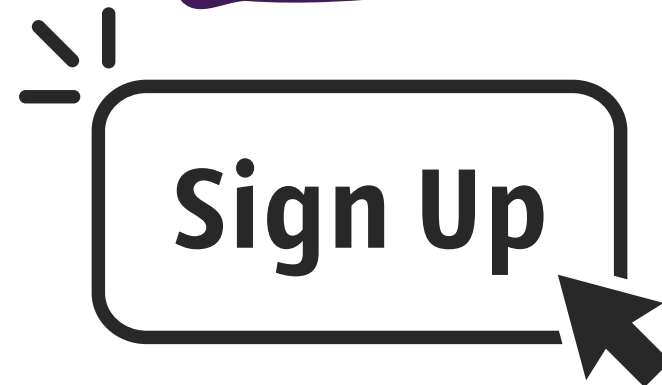


groups/meetings

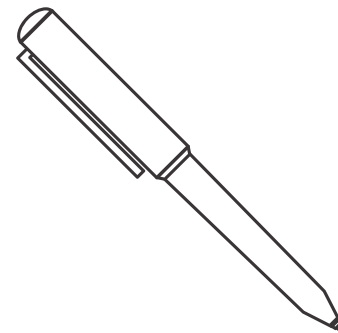
4. Organise learning



stalls



course enrolment



creative writing



webinars



mindfulness



cookery



crafts



speakers



book clubs / swaps



languages



dealing with anger

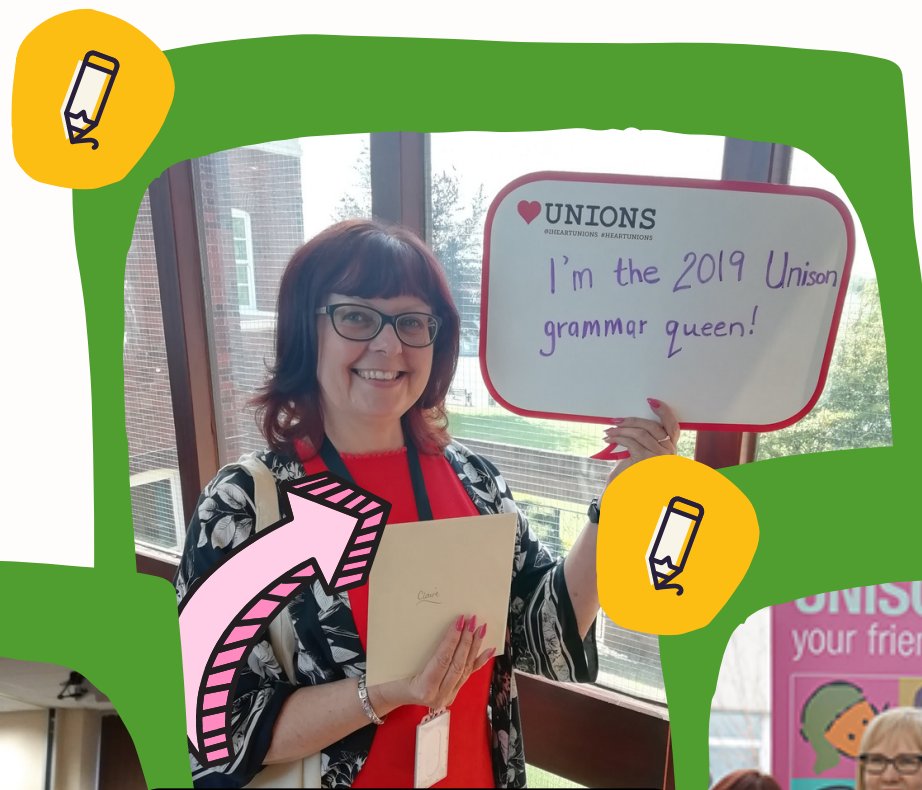


awareness



CPD

ULRS AT WORK



Lunchtime Grammar Workshops



Distance Learning



Menopause talk



Author talks



Stalls



Lunchtime crafting



Book Swaps

UNISON EAST MIDLANDS LEARNING SURVEY 2022

"To find an unexpected area which is provided within the membership is like a gift"

"The Skills Academy courses are fantastic. There is something for everyone, so please keep running these"

"I feel like the union is supporting me to improve my skills. I wouldn't be able to afford the courses if I had to pay for them myself."

"I'm a 'lone worker' so [it's] very comforting to know someone actually cares enough to offer to help me."

"It's good to feel that the union wants to help us workers progress, increase our knowledge and expand our minds. Thank you"

"Having these courses available gives me control of the timing of my development and an independence of progress not controlled by my employer"

"It's the only real opportunity for courses for me"

4 steps to becoming a ULR

01 Contact your branch and ask to be appointed as a ULR 

who are they?

02 The branch will tell you what their process is

03 Apply for the course online

04 Once appointed your branch should write to your employer
(IF THEY RECOGNISE UNISON)

