

# AGE-FRIENDLY AWARENESS TRAINING



Introducing our new and immersive face to face training session. Designed to assist your organisation to understand what is meant by 'Age-friendly', how ageing impacts on daily life, and equip staff with the skills to communicate effectively and identify accessibility issues

Benefits of receiving the training:

- A choice of either bespoke sessions tailored to organisations and their needs or the opportunity for individuals to attend a multi-agency training session
- A completion certificate
- An Age-friendly resource pack with links to additional reading and training
- Joining of YMCA Lincolnshire's network of Age-friendly organisations
- Regular newsletter with updates and celebrations of Age-friendly work across the county



Venue: Police HQ Nettleham, Deepdale Lane LN2 2LT  
Date: Monday 5 December 2022  
Time: 9.30 - 14.30 (lunch included)  
To Book: e-mail [unisonlearninglincs@gmail.com](mailto:unisonlearninglincs@gmail.com) or go to <https://eastmidlands.unison.org.uk/learning-lincs/>



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.