



Free course for UNISON members in a Northamptonshire branch

Autism in Girls and Women

8 July 09:30 - 12:45

Delivered via Zoom

The course is aimed at:

Anyone looking to enhance their knowledge and explore areas around diagnosis and support for women and girls. This day will be of particular interest to those who want to learn more about the issues surrounding the diagnosis of and support for women and girls who are on the autism spectrum.

Participants will gain:

An awareness of the autism spectrum condition in women and girls. Providing participants with key areas of knowledge and understanding whilst exploring important themes such as the diagnosis of women and girls, social skills and communication, anxiety and useful coping strategies.

To apply:

<https://eastmidlands.unison.org.uk/northantslearning/>