



**FREE COURSE FOR UNISON EAST MIDLANDS
MEMBERS**

Loss and Bereavement

25 April 2022

10.15 - 12.45

Delivered by Cruse Bereavement Care, the session will:

- Reflect on the grieving process and gain an understanding of the impact of grief and bereavement
- Become aware of the impact of loss and bereavement on families
- Consider skills relevant to their role to help them improve how they communicate with bereaved people
- Develop an awareness of support organisations, and how to seek further support or advise others to, including an understanding of the boundaries of their roles.

For more details, and to apply please see:
<https://eastmidlands.unison.org.uk/members/>