

UNISON IN PARTNERSHIP WITH
NORTHAMPTONSHIRE ADULT LEARNING

REFLECTIVE JOURNALING

A chance to explore creative
ways of self-reflection

BOOK NOW

Friday 23rd July 2021 | 10.30am - 12 noon
Free - Online via Zoom

FOR MORE INFORMATION ABOUT LEARNING
FOR YOUR WELLBEING VISIT:

WWW.NORTHAMPTONSHIRE.GOV.UK/LEARN2B