

UNISON LIFELONG LEARNING

# Lunch & Learn: Mindfulness Embroidery

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Enjoy a free lunch, tea & coffee  
and learn a new craft with UNISON!

**THURSDAY 16 MAY**  
**11 AM - 2 PM**  
**NEWTON GRAND HALL**

Come and visit our stall, speak to your reps, learn about what  
UNISON can do for you, get crafting!